



Holy Trinity Church of England Primary School
Excellence in how we worship, learn and work together



**Holy Trinity
PSHE-RSE
Portfolio**

Tricia Hall

PSHE at Holy Trinity

Personal, Social, Health and Economic Education

History

Holy Trinity has delivered PSHE education by teaching moral values through all aspects of school life and curriculum areas.

From September 2020, Relationships Education and Health Education were made statutory in all state-funded primary schools. This included content relating to puberty.



Background

Following the Covid 19 Pandemic, the school year beginning September 2021 was an exciting one for pupils and staff at Holy Trinity. We now had the opportunity to fully implement our new scheme of work.

The Jigsaw scheme of work (introduced in 20-21) has supported the needs identified by the pandemic and meets the expectations of the Department for Education.

Last year, teaching remotely required the PSHE and RSE curriculum to be streamlined to topics that could be supported by parents at home.

This year, we have been able to deliver the entirety of the curriculum face-to-face.



PSHE and RSE at Holy Trinity

Intent

At Holy Trinity, it is our intent that all pupils will be resilient 'lifelong learners' with a developed sense of self-worth, which encourages them to play a positive role in school life and the wider community.

Through the use of the Jigsaw scheme, our pupils acquire knowledge, understanding and the skills they require to prepare them for life. This helps them to know and value who they are and understand how they relate to other people in this ever changing world.



PSHE and RSE at Holy Trinity

Implementation

Mindfulness, Personal, Social, Health Education, emotional literacy, social skills and spiritual development are incorporated into every session.

Six lessons are taught each term, with all year groups working on the same theme (Puzzle) at the same time.

Lesson content is age-appropriate and the resources ensure that all pupils can approach puberty equipped with the knowledge needed to understand what is happening to them without fear.



PSHE and RSE at Holy Trinity

Implementation

One lesson is taught per week. During each lesson, teachers:

- ❑ Initiate new learning
- ❑ Facilitate learning activities to reinforce the new learning

They also support pupils to:

- ❑ Improve their social skills
- ❑ Relax their bodies and calm their minds
- ❑ Focus on specific learning intentions
- ❑ Reflect on their learning and personal development



PSHE and RSE at Holy Trinity

Implementation

A safe, open and positive learning environment is established through the creation of 'ground rules' known as a Jigsaw charter at the beginning of the year.

In each class, teachers and pupils agree on rules and adjust them as needed each term.



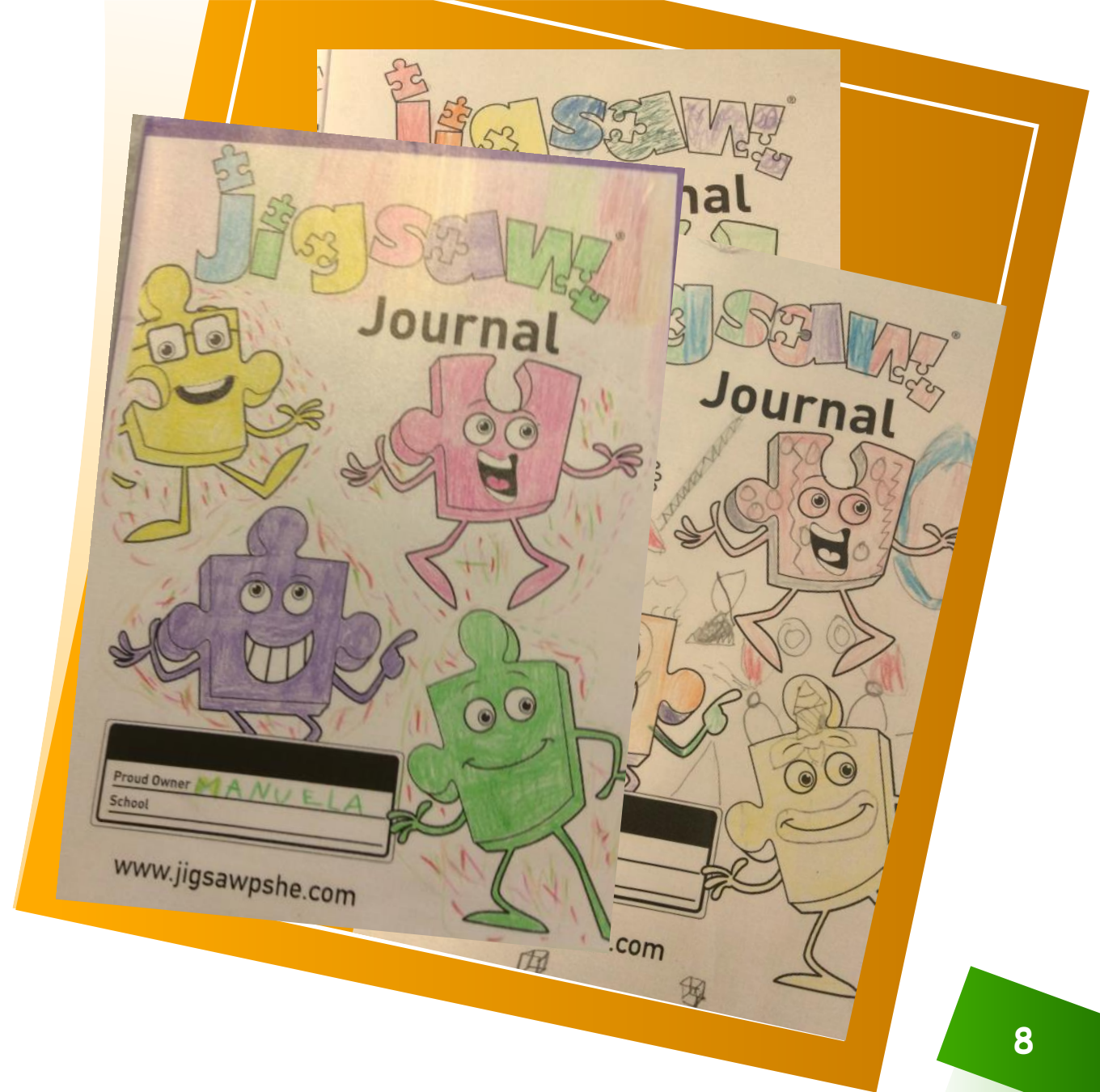
PSHE and RSE at Holy Trinity

Implementation

In promote a sense of pride in their work, each child has a Jigsaw Journal. The Journal is a portfolio of children's work and reflections through each Puzzle.

In the Journal, there is a section for each Puzzle (unit) and within each of these children collect:

- ❑ Pieces of work
- ❑ Photos of group activities
- ❑ Reflections
- ❑ My Jigsaw Journey (self-assessment)



PSHE and RSE at Holy Trinity

Implementation

After a Jigsaw lesson or if the need arises outside of lesson time, pupils can share information or ask their teachers questions through a written note in the 'If My Teacher Only Knew' jar.

This is inclusive of anything that pupils want to share with the class or keep private and only discuss with the teacher.

This method has been successful, leading to pupils feeling more comfortable to share sensitive concerns with the adults in their class.



PSHE and RSE at Holy Trinity

Implementation

Holy Trinity has a long history of an active school council team. With members from years 2-6, they have represented the school well.

This year, in an effort to provide all pupils with an opportunity to practice sharing views collaboratively and expressing their ideas with confidence, we have implemented the Smart School Council programme.

This is delivered weekly in all classes in the form of a class meeting. A question is discussed with the opportunity to suggest actions given to upper keystage 2 pupils.



QUESTION

How can we stay cool at school this summer?

QUESTION OPTIONS

1. Use an umbrella
2. Bring a water bottle
3. Wear a hat
4. Wear the summer uniform
5. Any other ideas?

Do you have concerns with any of the following?



Option 1
PE kit reminders



Option 2
Healthy snacks

BEHAVIOUR



Option 4
Bullying

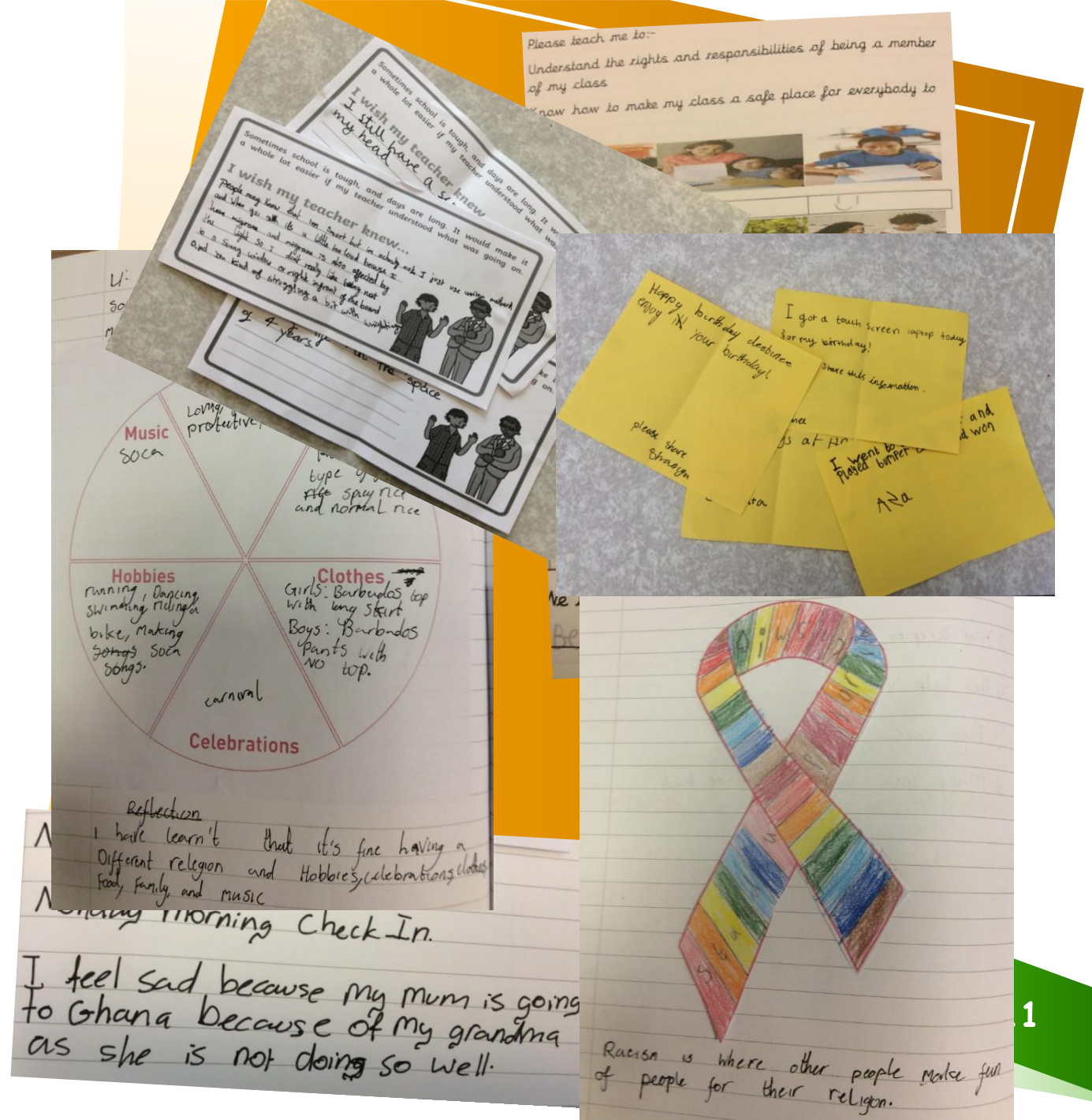
Option 3
Behaviour

Impact

PSHE and RSE at Holy Trinity

The Holy Trinity staff and pupils have invested in the Jigsaw scheme of work. The sessions have impacted on all areas of the curriculum:

- Mindfulness activities have helped pupils with their focus during sessions.
- Pupils' resilience has increased.
- Pupils have developed their emotional literacy.
- Pupils have a better understanding of their bodies and its natural development during puberty.
- The whole school uses the same 'language' in Health education.



Impact

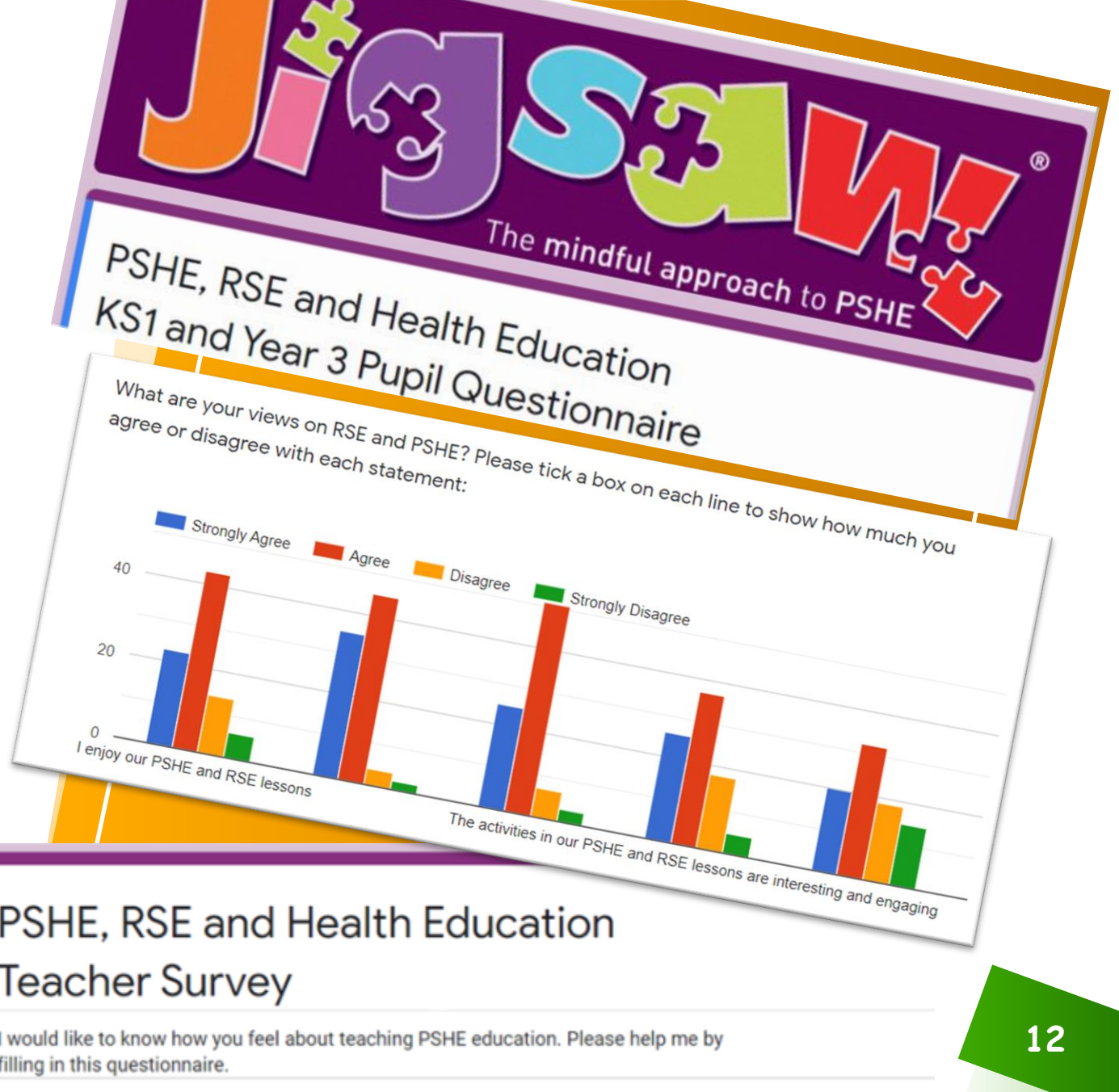
PSHE and RSE at Holy Trinity

Several methods are used to measure the impact of the PSHE and RSE curriculum:

- End of term student and teacher surveys
- Lesson observations
- Book scrutinies

Support is given to teachers in areas which require it:

- PDM's
- Feedback from observations
- Examples of good practice



Impact

PSHE and RSE at Holy Trinity

PSHE, RSE and Health Education KS2 Pupil Questionnaire

What is the best thing about PSHE and RSE education in our school?

86 responses

you learn new stuff and hear other peoples stories and it is very helpful in private lives

Romantic relationships because it helps me get prepared for the future.

going outside and being able to do some connect us game

throwing the ball

When you learn about puberty and what stages your go through during pregnancy

I think it was an interesting experience to learn about stuff!

I don't know I just like doing the work

You learn a lot.

listening to people share ideas

Is there anything else that could be improved about PSHE and RSE education in our school?

86 responses

No, not really.

good stuff or bad stuff

when we talk about sex education and can be explained in a different way but u still say the right name for it all just explain it differently

personally think its ok and you don't have to improve anything.

what can be improved of these lessons of the sex education

no nothing everything is well

i think they should slow the lessons down a bit because the lessons go very fast and it is quite hard to process new things we are/were learning.

I think they could improve the amount of time calm time is because its makes me and maybe other people listen even more carefully.

Impact

PSHE and RSE at Holy Trinity



Date Created	Date Started	Submitted Classes	Question	Winning option	Resulting Actions
16 Jun 2022	20 Jun 2022	2	How can we stay cool at school this summer?	Bring a water bottle	No actions decided yet
8 Jun 2022	13 Jun 2022	9	What end-of-term club would you prefer?	Art club	Who: R'Mya, What: Start a break time board games club
6 Jun 2022	6 Jun 2022	12	Do you have concerns with any of the following?	Behaviour	Who: Assembly team, What: The assembly team will present an assembly about bullying.
20 May 2022	23 May 2022	6	What helps you remember important learning?	Writing - making notes	Who: Curriculum ambassadors, What: Decide on making notes can be included in our learning.
15 May 2022	16 May 2022	11	All of these snacks are healthy, but which is the healthiest? Why?	Organic Mango slices	Who: Healthy Eaters, What: Start a breaktime tuck shop
4 May 2022	9 May 2022	7	What can you do if you feel lonely?	Find something you can happily do by yourself	Who: Mrs Hall, What: Set up an activity station for morning break

Enrichment/ Enhancement activity highlight

Themed Weeks/days



Holy Trinity Church of England ...
@Holy_TrinityCE

We are celebrating #RedNoseDay this year by telling our funniest jokes. This is one of Mr Winn's personal favourites! #RNDz1 #laughandtheworldlaughswithyou 😄😄😄



Holy Trinity Church of England ...
@Holy_TrinityCE

#AntiBullyingWeek at Holy Trinity has been a big hit. Our children have focused on celebrating diversity and being inclusive as we stand #unitedagainstbullying.

United Against Bullying poetry competition

Everyone needs Love
Love is the what the people need
Without Love, the world would break.

Physical Bullying is as bad as a crime.
It's just waving innocent people's time.
Hurting and crying, they're just lying
The burshure continues...

People may be sending all these messages
as in-jokes
But do they know the truth?
Do they know what goes on in others lives?
Life do be as negative, as never seen before.

They were once nice people, and now they're feared.
Were gone, fight the together, put a stop to bullies!

Slowly and surely self confidence goes
Steady and steady their feelings foreverly freeze.

Is this what the world has come to?
Feel others how you want to be treated!

By Chaisley Tiaharna
Ruby Lucy Damaris

Leopard Class United Against Bullying!

I hate bullying
It needs to stop.
I hate to see children shivering in their socks!
I know you've got love down in your heart,
So please make it STOP!

I cry myself to sleep at night
Just wishing it would stop.
Maybe tomorrow it will cease,
But then again maybe not.
You push me, you punch me, you call me names
To me, it's a mental prison
You take me from the games.

I ignore it
But please make it STOP.

By Kwan, Jowal, Sean Zaden, Ruvale

A Helping Hand
Back then...
My heart skipped beats,
Kindness and love they disarrayed.
Then I met Fred
and he introduced me to his friends,
they were a pack of little boys,
He had yellow teeth, but also love
The opposite of me
I had anxiety
and it was ticking in my brain like a clock of doom.
Every day was torment and torture
Sleep deprived and overwhelmed up
With fidget, rabbit.
Now I help those people to snap out of it.
By Karp

Love

PIC-COLLAGE

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This #FriendshipFortnight our children are loving trying to complete their Acts of Kindness Bingo chart. We are gearing up for #AntiBullyingWeek with kindness, empathy and respect. 🌸

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Kindness is Magic

Acts of Kindness Bingo

Complete four acts of kindness in a row!
Do (at least) one act of kindness daily.
Colour in and date the act when you complete it.

Clean up after someone.	Let someone go in front of you in the line.	Compliment an adult.	Help someone with their work.
Invite someone to play with.	Compliment a classmate.	Wave to a friend.	Clean up after yourself.

Enrichment/ Enhancement activity highlight

Themed Weeks/days

HEALTHY EATING WEEK



Next steps

2022-2023

- A centralised PSHE/RSE resource area made available to facilitate teachers' delivery of Jigsaw lessons. – **In progress with funding from Lambeth**
- More team teaching.
- Relaunch the school Healthy Eating Tuck Shop. **In progress**
- A fully functioning Communications Team, with pupils achieving a higher level of autonomy in leading the whole school council - **In progress**
- Use of the Smart School Council class meetings to collect pupil voice/views on core subjects and curriculum – **In progress**
- As of September 2023, teachers will use Target Tracker to assess children's progress in PSHE/RSE at the end of each term (through the use of Jigsaw specific statements).



Jigsaw!



Smart
School
Councils
Community

Thank You!

Tricia Hall



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